



Yellow Brick Place

~ A Cancer Wellness Center ~

2959 Canfield Road ~ Suite 3 & Suite 10 ~ Youngstown, OH 44511

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There's no place like hope...

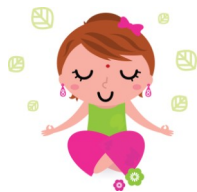
~ MAY 2017 EVENTS CALENDAR ~



Saturday, May 6, 20, 27

“Chair Yoga”

11:15 AM ~ YBP Suite 3 with Erin Lonsway



Monday, May 8

“Sonic Power Yoga”

6:00 - 7:30 PM ~ YBP Suite 3 with Erin Lonsway

Join the Rose Mary Flanagan Ovarian Cancer Foundation and Sonic Power Yoga to experience and learn about sonic sound bowls. This is a form of sound meditation which can help to induce relaxation and positively affect mood and sense of well being.

*Light refreshments will be served. This is a free program, but you **must** RSVP by calling/texting (330) 518-2431 or email: info@rmfocf.org*

You MUST register for this FREE program by texting or calling (330) 518-2431



Saturday, May 13

“Caregiver Support Group”

11:00 AM - 1:00 PM ~ YBP Suite 10

Monday, May 15

“Multiple Myeloma Support Group”

6:00 PM ~ Denny's Restaurant Conference Room on Belmont Avenue



Tuesday, May 16

“Line Dancing”

1:00 - 2:00 PM ~ YBP Suite 3 with Shelia Cornell

Wellness Coordinator and Line Dance Instructor at Jewish Community Center

Wednesday, May 17

“Kick Butt” Colorectal Cancer Support Group

6:30 PM ~ YBP Suite 10



SAVE THE DATE!!

Mark your calendar for

Sunday, June 4

Mercy Health's

"Annual Cancer Survivor Day Picnic"

1:00 PM ~ Golf Dome, Route 422, Girard, Ohio

You must call (330) 480-3183 to register for this event.



**Memorial
DAY**